



**APPROVED 9-9-03**  
KING COUNTY MENTAL HEALTH ADVISORY BOARD

REGULAR MEETING

TUESDAY, AUGUST 12, 2003

EXCHANGE BUILDING, CONFERENCE ROOM 6A

**Members Present:** Shauna Cheney, Howard Miller, Helen Nilon, Eleanor Owen, Ron Sterling, Gwendolyn Williams

**Members Absent:** Jack Fuller (excused), Edward Gutkowski (tendered resignation), Mindy Meyring (excused), Freda Monroe (unexcused), Jim Nobles (excused), Debra Roszkowski (unexcused), Clifford Thurston (unexcused)

**Guests Present:** Joan Clement (KCASAAB), Michael Haan (board applicant), Frank Jose (NAMI-Greater Seattle), Pam Pratt (board applicant), Silvia Singer (VCCC)

**Staff Present:** Sherry Hamilton, Geoff Miller, Jo Moore, Rhoda Naguit, Jean Robertson

---

I. WELCOME & INTRODUCTION

Board Chair Howard Miller convened the meeting at 4:35 p.m. and asked everyone to introduce her/himself.

II. MINUTES

The minutes of the July 8, 2003 meeting were not approved due to lack of a quorum.

III. CHAIRPERSON'S REPORT

A. Board Members Update

Eleanor Owen will be gone for three weeks on a pilgrimage to Italy. She is due back on September 4, 2003. Mindy Meyring is unable to attend the meeting today due to an out of town work assignment.

Howard read a letter from Edward Gutkowski tendering his resignation from the board, effective immediately. He and his wife are relocating in San Juan County, where she has accepted a nursing position from the San Juan County Hospital.

Howard noted that the current board has nine active members and three inactive members. Freda Monroe has not been heard from since last month; Jack Fuller has been absent for several months, and Debra Roszkowski has missed the last three

meetings. Howard would like to have a full 17-member board before he leaves his post as board chair.

B. Follow-up Discussion on Board Recruitment and Marketing Plan

Eleanor handed out copies of a Citizen's Directory of Elected Officials, courtesy of The League of Women Voters. She asked board members to call their elected officials and let them know the need of the board for a representative from their respective districts. Shauna Cheney encouraged each board member to recruit at least one member per year and refer them to Rhoda Naguit to facilitate their membership application.

Sherry Hamilton stated that she would like to encourage the board to speak on issues concerning mental illness at community-sponsored meetings. The board needs to make every effort to find appropriate venues to talk about mental health issues for community outreach and to increase interest in board membership.

C. Various Events

Howard shared the following important events for possible board attendance and participation:

The State Department of Social and Health Services (DSHS) will hold an all day Mental Health All Stakeholders Planning Meeting on August 13<sup>th</sup> at Sea-Tac Holiday Inn. Howard and Eleanor are planning to attend.

King County Executive Ron Sims has extended an invitation to the board to attend his third annual human services budget discussion on August 14<sup>th</sup> at the 8th floor conference room of the King Street Station Center from 10:00 to 11:30am. Howard, Shauna and Ron are planning to attend.

Move for Mental Health, a run and walk to raise funds for and awareness of mental illness, will be on September 28, 2003, at Sand Point Magnuson Park in Seattle, starting at 9:30am. Last year there were 550 people who participated in this event. This year's goal is 800 participants. This annual event is held in partnership between the Community Psychiatric Clinic and NAMI-Greater Seattle. Ron Sterling has developed a web site for this event. You may access their web site at [www.MoveForMentalHealth.org](http://www.MoveForMentalHealth.org) for more information.

NAMI-Eastside is holding a picnic on August 17<sup>th</sup>.

NAMI-Greater Seattle is holding an annual picnic and white elephant auction on August 19<sup>th</sup> at Woodland Park.

The 2003 NAMI-WA Convention will be held on September 12th and 13th at the Double Tree Hotel, 300 - 112th Avenue SE, in Bellevue. The keynote speaker will be Michael Hogan, Ph.D., Chairman of President Bush's New Freedom Commission on Mental Health, and Director of the Ohio Department of Mental Health.

D. Legislative Forum Update

Eleanor Owen reported that this year's Community Legislative Forum will be held at the Kirkland Performance Arts Center on November 18<sup>th</sup>, from 7:30 to 9:00pm. Registration will start at 7:00pm. The forum will provide an opportunity for legislators to engage more actively with their constituents. Questions will be sent to legislators beforehand. The forum will also feature personal stories focusing on successes. About 52 legislators will be contacted. The focus of the forum will be on the following issues: parity, ending Title XIX wait list for methadone, and expansion of non-medicaid coverage. There was a suggestion to distribute flyers of the forum at the NAMI Convention on September 12<sup>th</sup> & 13<sup>th</sup>. Committee Chair Roger Goodman would like feedback from the two boards on pressing mental health/chemical dependency issues to be highlighted at the forthcoming forum.

The Legislative Advocacy Committee will formalize the agenda for this forum at their next meeting.

IV. COMMITTEE REPORT

A. Legislative Advocacy & Public Affairs Committee – Eleanor Owen

Same as above; no additional information.

B. Nominations Update – Rhoda Naguit

The Nominations Committee interviewed Michael Haan, a board applicant from District 5, prior to the regular board meeting. Joshua Freed will be introduced to the board at the September meeting. Prior to that meeting, Melody Cecilia James from District 12, will be interviewed by the Nominations Committee.

In another development, an individual who read the ad in Spotlight left a voice message on Rhoda's phone expressing interest in membership on the board. In addition, Rhoda reported that the Editor in Chief of Diversity Newsletter, based in Bellevue, agreed to publish an announcement about openings for members for both the King County Mental Health Advisory Board and the King County Alcoholism and Substance Abuse Administrative Board. So far, one individual has responded to the newsletter's ad.

In the future, board applicants who come from districts already represented will be informed of the three-month moratorium. Ron suggested encouraging these applicants to attend board meetings while waiting for the moratorium period to end, to give them a “feel” of board business.

C. Quality Council – Ron Sterling

Ron is drafting an annual report for the Quality Council. The goals for next year will include focusing on consumer to consumer services, a recovery ordinance, and community education.

The Quality Council plans to visit NAMI groups to discuss quality issues and talk about recruitment.

V. STAFF REPORT – Jean Robertson

The RSN contract was signed in July 2003. Jean has informed the agencies about a number of issues in the contract. Agencies are encouraged to send her any feedback to bring before the state level.

The Division had hoped that the Actuarial Report would support a regional rate, but the Governor vetoed this in favor of a single statewide rate. There will be another actuary study in 2005. There is a lot of work to be done to assure good data for that study. There are five committees to do this work. They include data, unit cost, service model, non-medicaid, and steering committee.

Jean introduced Jo Moore, the newly hired Crisis and Commitment Coordinator. She served in several different capacities in Pierce County. She had previously been an employee of King County as Supervisor of the Crisis and Commitment section.

Mental Health vouchers from Criminal Justice Initiative Project will have \$61,000 funding for this year and \$65,000 next year. The Division is planning for this to be a 6-month benefit. A strategic meeting will be convened soon. Dave Murphy, who has been hired to coordinate this project, will be invited to our next board meeting to address some issues related to the services under this initiative.

VI. LIAISON REPORTS

A. **Freda Monroe: Mental Health Court/Asian Counseling and Referral Service**

Not present to give a report.

**B. Howard Miller: Downtown Emergency Service Center**

DESC sent Howard a copy of their June 24, 2003 board meeting minutes. As reported at the last board meeting, the agency is still in the process of renovating the Morrison Hotel. Due to the renovation, DESC will be reducing clients, from 600 a day down to 200 until the renovation is completed. The DESC board will start discussing a strategic planning process this Fall. Howard will resume attending their board meetings at that time.

**C. Eleanor Owen: Partnership Group**

Due to a conflict in schedule, she was unable to attend the July meeting. She'll report at the next board meeting.

**D. Clifford Thurston: Community House**

Not present to report.

**E. James Nobles: Chronic Populations Action Council**

Not present to report. It was noted that there was no CPAC meeting in July.

**F. Shauna Cheney: Consejo Counseling & Referral Services/Seattle Counseling Service**

Since Shauna is liaison to two agencies, she will alternate reports on those agencies at MHAB meetings. This month, she reported on Consejo Counseling and Referral Services. She attended Consejo's board meeting yesterday for the first time. The agency just finished reviewing their union contract. Their counselors are unionized. Consejo has just received \$172,000 for outpatient services from King County.

**G. Debra Roszkowski: Harborview Mental Health Services**

Not present to report.

**H. Helen Nilon: Seattle Mental Health**

Helen passed out a written report on Seattle Mental Health. In summary, she reported that, due to the closure of Cedar Hills and the impact on jail recidivism, Seattle Mental Health has received an award to deliver transitional housing subsidies through a Housing Voucher and Case Management Program. With funding from this program, they hired two full time employees to serve 140 clients to

be referred by the Drug Court and Mental Health Courts. SMH also provides three liaisons for seamless transition from jail and courts and Day Reporting Center to community services. Liaisons will offer vouchers to the target population in the courts and the DRC to access community mental health services. SMH has also been awarded one of two projects under the co-occurring disorder integrated services program and is now accepting referrals from the Mental Health and Drug Courts. In addition, SMH has been awarded funding by the state's Office of Deaf and Hard of Hearing to provide summer service for deaf children. This service was made available on the first day of July. Two SMH staff attended a week-long conference for the National Comprehensive Community Mental Health Services for Children and their Families Program. The agency has also added an office space in Kent to respond to client needs in south King County.

**I. Gwendolyn Williams: Therapeutic Health Services**

THS will be sending Gwendolyn a copy of their board minutes since she is unable to attend their meetings due to a conflict in her work schedule.

**VII. BOARD AND COMMUNITY CONCERNS/NEW BUSINESS**

**A. Ticket to Work – Eleanor Owen**

Eleanor will continue to follow up any development on this issue and will update the board accordingly.

There being no further business, the meeting was adjourned at 6:22 p.m.

After a short break, the Executive Committee met to set an agenda for September 9, 2003 board meeting.

Prepared and submitted by:

Rhoda A. Naguit  
Recording Secretary

Attested by:



Howard Miller  
Board Chair